

# Description of Activities

Activity	Description	Duration
Baby Time*	A relaxed group especially for babies to enjoy time together. Refreshments available Birth - Walking Drop-in session. £1 per family	Weekly
Twins & Multiple Birth Group*	A fun and informative group that allows you to feel included into a "local" supportive and sociable network of mums and carers that will have been through similar experiences. Refreshments available Birth+ Drop-in session. £1 per family	9th & 23rd January, 6th & 20th February, 5th & 19th March
Basic Sewing	An opportunity to learn simple sewing skills and have fun with fabric To book a place, please speak to a member of staff <b>Crèche available, advance booking required</b>	10th January - 31st January (4 weeks)
Play Time *	A small and quiet stay and play session. Refreshments available Birth - 5 Years Drop-in session. £1 per family	Weekly, starting 10th January
Baby Massage**	A fun, relaxed 5 week course to learn the techniques and benefits of baby massage 6 weeks - 1 yr <b>Please speak to a member of staff to book a place. Cost for the course £5. Limited places. (Waiting list in operation)</b>	Courses starting on 10th January and 21st February
Childminders Pop-in and Play	A supportive and friendly group for childminders, nannies & au-pairs with their children. Newcomers welcome. Refreshments available. Birth - 5 yrs Drop-in session.	Tuesday 10th & Monday 23rd January, Tuesday 7th & Monday 20th February, Tuesday 6th & Monday 19th March
Stay & Play*	An enjoyable stay and play group for children under 5 with plenty of space, toys, crafts and singing. Refreshments available Birth - 5 Years Drop-in session. £1 per family	Weekly
Stockton Baby Clinic with Health Visitor	A drop-in for parents and carers to see a Health Visitor in a relaxed and friendly environment and get your child weighed (Health Visitor available from 9:30am) Birth + Drop-in	18th Jan, 22nd Feb, 18th April, 23rd May, 4th July, 22nd Sept, 28th Nov
Breastfeeding Cafe	Come along and meet other breastfeeding mums in the area (working in partnership with NCT). Refreshments available Birth + Drop-in session	Weekly
Bishops Baby Clinic with Health Visitor	A drop-in for parents and carers to see a Health Visitor in a relaxed and friendly environment and get your child weighed Birth + Drop-in	1st & 3rd Wednesday of each month

Baby Chattermatters**	A 6 week course to support both children and families using songs, play and story time as a means of encouraging good speech, language and communication For babies from 8 weeks old until crawling <b>Please speak to a member of staff to book a place. Cost for the course £5. Limited places. (Waiting list in operation)</b>	Courses starting on 12th January and 23rd February
Baby Sign With Music & Movement***	Combines baby sign, music, movement and sensory experience with enormous amounts of fun! Working in partnership with Dandy Development. Birth - 5 years Drop-in session. £1 per family, 50p for each additional child	Weekly, term-time only, starting on 12th January
Toddler Chattermatters**	A 5 week course to support both children and families using songs, play and story time as a means of encouraging good speech, language and communication For walkers up to 2 1/2 years <b>Please speak to a member of staff to book a place. Cost for the course £5. Limited places. (Waiting list in operation)</b>	Courses starting on 12th January and 23rd February
Creative Kids*	You and your child will have the chance to get creative with arts and crafts. Refreshments available Birth - 5 years Drop-in session. £1 per family	Weekly, term-time only, starting 12th January
Messy Play*	A fun and interactive group giving your child the freedom to get messy and no clearing up!	Weekly

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messy play**	Birth - 5 years Drop-in session. £1 per family	weekly
Bishops Messy Hour*	A fun and interactive group giving your child the freedom to get messy and no clearing up! Birth - 5 years Drop-in session. £1 per family	Weekly, term-time only, starting 10th January
Together Time*	A fun time for mums, dads and carers with children under 5 years old; toys, crafts and other activities are available Birth - 5 years Drop-in session. £1 per family	14th & 28th January, 11th & 25th February, 10th & 24th March

**Priority for sessions and crèche places will be given to those living in the Southam and District area and the surrounding villages when spaces are limited.**

**Sessions described as "term-time only" will NOT run during the school holidays. Term-time dates are 3rd January - 10th February and 20th February - 30th March 2012**