



SOUTHAM & DISTRICT CHILDREN'S CENTRE



A Sure Start Children's Centre

The Graham Adams Centre, St James Road, Southam, CV47 0LY

Tel: 01926 814953

Email: southamcc@yahoo.co.uk

www.southamchildrenscentre.co.uk

OPENING HOURS: MONDAY to FRIDAY 9.00am - 4.30pm

1st January – 31st March 2011

**Providing fun opportunities and support for
dads, mums and carers with children under
the age of five in Southam and its
surrounding villages.**



Special dates for your diary

Understanding your child's behaviour (2-8 year olds), Saturday 5th February 10am – 2pm
Looking at simple solutions to make parenting easier. Light lunch and refreshments provided.

To book a place, please speak to a member of staff.

Parent 's Voice, Friday 14th January & 4th March 9.30 – 11.00am

This is your centre, come and tell us what you would like from the children's centre services, any ideas welcome!

A light breakfast and a crèche is available - to book a place, please speak to a member of staff.

Beautiful Breakfasts, Friday's dates TBC 9.30 – 11.00am

There will be a different speaker each session who will talk about a variety of topics.

A light breakfast and a crèche is available - to book a place, please speak to a member of staff.

Weaning Group, Thursday 13th January & 17th February 10.30 – 12.00am

Please contact the Health Visitors at Southam Clinic on 01926 815045 for more information

Speech & Language Therapist will be in Stay & Play session

5th Jan, 2nd Feb, 2nd March, 6th April, 4th May, 8th June & 6th July 9.30 – 11.00am

Contact Kate Cook on 01926 815045

Family Information Service (FIS) a free information & signposting service for families.

For any help or advice please contact FIS on 0845 0908044

Southam Clinic, Tuesdays 9.00am – 11.00am

A drop in for parents and carers to see a Health Visitor in a relaxed and friendly environment and get your child weighed. A representative from the Children's Centre will be available fortnightly.

Job Centre Plus, Monday 7th February 1.30pm – 3.00pm

A service that provides one to one support and advice on benefits and employment. For any help or advice contact Emma Gulliver 01926 302632

Southam Parent and Carers Group, Tues 18th January & 22nd March 10.00am – 12 noon

An informal group which support parents and carers with children who have a disability. Please contact Ruth Waller 01926 813145 for more information.

South Warwickshire Credit Union, Wednesdays 9.15am – 11.15am

An easy way to save safely at reasonable rates of interest, for more information please contact the Graham Adams Centre on 01926 811519

Save a toddler's life training, Monday 28th March 9.30am – 11.45am

Crèche is available - to book a place, please speak to a member of staff.

Save a baby's life training, Monday 14th February 9.30am – 11:30am

Crèche is available - to book a place, please speak to a member of staff.

Warwickshire Just Kids

Thursday 24th February

An informal group which supports families who have a child with Downs Syndrome.

Other Services

Stop smoking support – please contact Ruth at the Children's Centre.

Family Support – one to one support in the home on any aspects of family life, please speak to our Family Outreach Worker at the Children's Centre in confidence.

Breastfeeding Support is now available at the Children's Centre.

Vitamins – these are available at the Children's Centre. You can use your vitamin vouchers or purchase them here. Children's vitamin drops are £1.77 and adults are 90p.

We also host:

Bromford Housing Money & Advice Workshops - for more information, please contact Julie or Vicky on 01789 297332.

Parentcraft with a Midwife – please contact your midwife for details.

Weaning Group - please contact the Health Visitors at Southam Clinic on 01926 815045 for more information.

Other Groups

The following groups are not run by Southam and District Children's Centre.

Bishops Toddler Group-

Thursdays 10:00 - 11:30am (closed August, Christmas and New year)

Play sessions for children up to 3 years old, and a chance to meet other mums and carers. There are organised activities, a mid-morning drink and snack followed by singing at the end of the session. £1.50 per family

For more information, contact Andrea Hugo on 01926 612138

Memorial Hall, Fisher Road, Bishop's Itchington, Warwickshire, CV47 2RE

Long Itchington Baby and Toddler Group-

Wednesdays 9:30 - 11:00am (term time only)

A welcoming group with toys, crafts, snacks and singing. Tea and coffee is also available for parents and carers. £1.50 per family

Contact Nikki on 01926 810592 for more information, or just come along.

Long Itchington Primary School, Stockton Road, Long Itchington, Rugby, Warwickshire, CV47 9QP

Stockton Toddlersaurs

Fridays 10:00 - 11:30am

A playgroup for 0-4 year olds, offering a new activity every week.

£1.50 for 1 adult and 1 child, 50p per person after that.

For more information contact Emma on 01926 814687

Stockton Village Hall, Napton Road, Stockton, Warwickshire.

Southam Congregational Church Parent and Toddler Group

Thursdays 10:00 – 11:30am (term time only)

Lots of toys and activities for babies and toddlers, craft table and refreshments are also available .

For more information, please contact the Graham Adams Centre on 01926 811519

The Graham Adams Centre, St. James Road, Southam.

Harbury Toddler Group

Mondays 9:30 – 11:30am

A group which includes craft activities, indoor and outdoor play, and singing. Snacks and drinks are available for 50p per person over 9 months. For more information, please contact Jenny

Humphrey 07826516300 jennywrenhumphrey@gmail.com

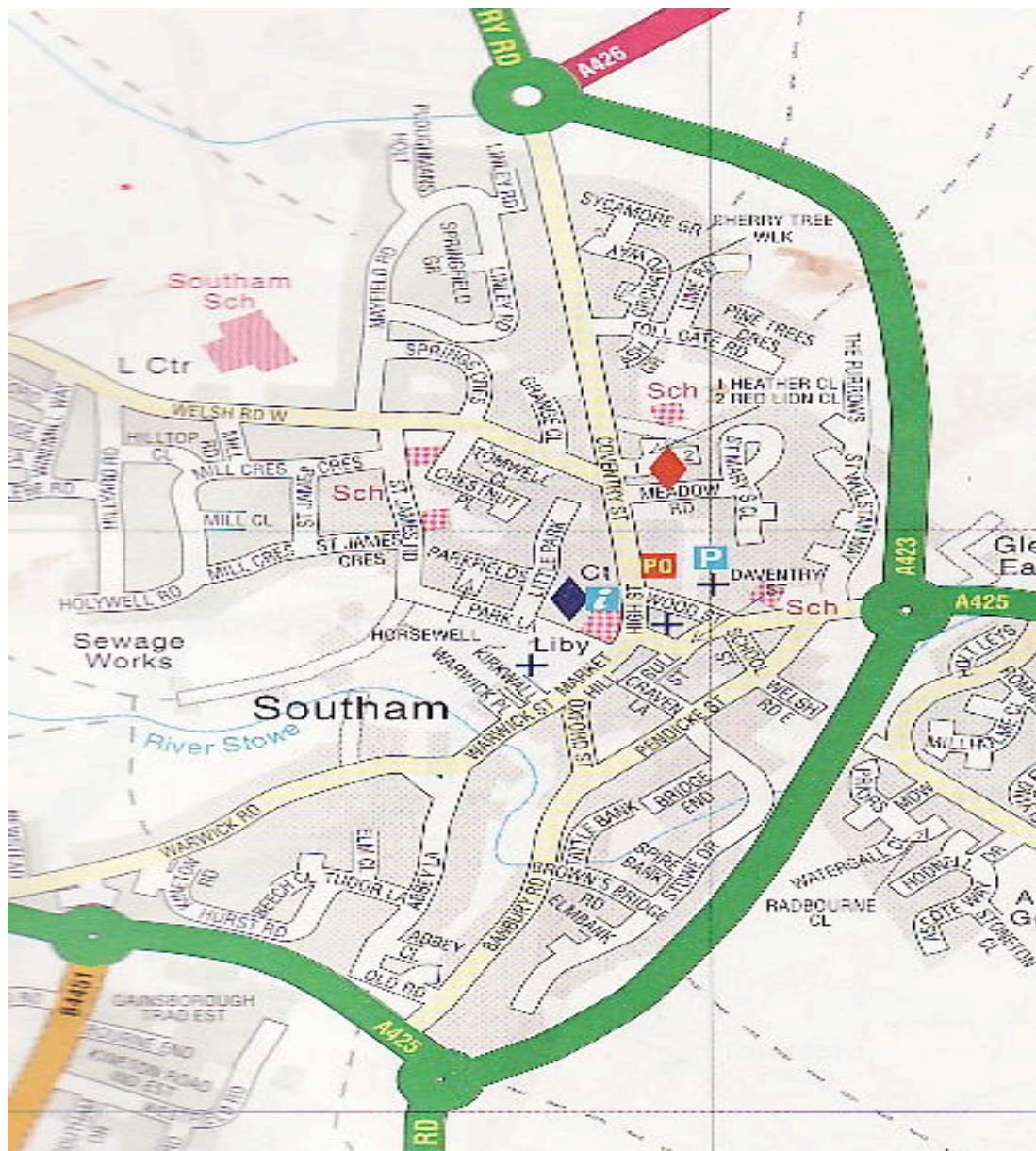
The toddler group is located behind the library at the Wight School

Homebirth Group

Wednesdays 2nd February & 6th April 7:30pm – 9:00pm

Thinking of a homebirth? Want to find out more information? Come to our informal meeting (with tea and biscuits). Mums, Dads, other siblings, grandparents - All are welcome. Contact Helen for more information on 01926 612068.

Bishop's Itchington Early Years Centre, Poplar Road, CV47 2RT



Outreach Locations

Early Years Centre, Poplar Road, Bishops Itchington, CV47 2RT

Early Years Hub, Church Street, Stockton, CV47 8JG

Village Hall, The Crescent, Napton-on-the-Hill, CV47 8LS

St Lawrence Primary School, Dog Lane, Napton-on-the-Hill, CV47 8LU

Village Hall, South Parade, Harbury, CV33 9JE

Community Centre, Stockton Road, Long Itchington, CV47 9QP

Southam Clinic, Pendicke Street, Southam, CV47 1PF